

Salt Spring Stingrays

summer swim club



Salt Spring Stingrays Invitational Swim Meet July 13/14/15, 2018

Meet Manager: Sarah Kerrigan
Meet Referee: TBD

FRIDAY JULY 13, 2018

Open Water Event
Location: St. Mary's Lake
Divisions 4-8 only
Course: 1.0 Kilometers

Start Times:
Division 4-5 4:00pm
Division 6-8 4:30pm

Notes on Open Water Event:

1. **Parents and Coaches:** *If there is any doubt about the athlete's ability to complete the Open Water Swim, do not register them for this event! Parents **MAY NOT** swim with their swimmer in this event.*
2. *ALL Marshalling for this event takes place at Portlock Park, 145 Vesuvius Bay Road, Salt Spring Island, BC*
3. **Marshalling check-in begins at: 3:30 pm**
4. **There is no parking at the event.** *Participants are asked to park at Portlock Park. Bus shuttles will be available for swimmers and parent observers.*
5. **Parents are not permitted to swim with youth athletes.** *Parents may do the Open Water swim after the Div 6-8 heats are concluded, provided all payments and documentation have been completed at Portlock Park in advance.*

SATURDAY JULY 14, 2018

Rainbow Road Pool
262 Rainbow Road, SSI

Warm-ups: 8:30 am
Officials' Meeting: 9:15 am
Coaches' Meeting: 9:30 am
Meet Begins: 10:00 am

SUNDAY JULY 15, 2018

Rainbow Road Pool
262 Rainbow Road, SSI

Warm-ups: 7:45 am
Officials' Meeting: 8:30 am
Coaches' Meeting: 8:45am
Meet Begins: 9:15am

Swim Meet Course: 25 meters, 6 lanes, starting blocks, Dolphin timing system

Rules: British Columbia Summer Swim Association (BCSSA) rules apply.

Entries: Club entries must be received by 10 PM, Tuesday July 10, 2018. Please e-mail club entries and database to registrar@saltspringstingrays.com and include a club roster list for deck entries. ***Please enter Open Water swimmers in Hy-Tek.**

Important Notes:

1. All swimmers must be registered with the BCSSA.
2. Swimmers must be entered with an official BCSSA time. If a swimmer has never swam an event, enter them with NT. Do not make up times!
3. Swimmers may enter a maximum of 6 individual events (Div 5+ may enter 7 events) and 2 relays.
4. Please enter O swimmers in their respective O event, AND their respective S event, as described in "How to enter O swimmers" available on the regional website.
5. **Novice:** A novice events are defined by swimmers who takes 30 seconds or more to complete 25 meters of the pool. Novice events are stroke specific.
6. **Relay teams** will be seeded in their appropriate Division regardless of the number of "O" swimmers on the team. If more than one "O" swimmer is on a relay team they will be treated as an "OCat" relay in the final results. Relay entry cards must be handed in to the Clerk of the Course by 10:00am Saturday and 9:15am Sunday.
7. **Parent Relay** will be at end of day Saturday. Registrations must be completed and paid in full to the Clerk of the Course by Noon Saturday via cash or cheque payable to SS Aquatic Society. Fee of \$40/team includes BCSSA insurance fee for each swimmer. Do not enter teams using Hy-Tek.
8. **Marshalling:** Swimmers will report to Marshalling when their event number is posted.
9. **Disabled Swimmers:** Coaches must notify the Meet Manager at the beginning of the meet of any swimmers with disabilities. Disabled swimmers must attempt to swim a proper stroke.

Meet Fees:

Payable to "**SS Aquatic Society**". All fees are to be submitted to the Clerk of the Course before 12:00 noon Sunday.

Open Water Swim	\$8.00	Parent Open Water	\$10.00
Individual Events	\$7.00	Deck Entries	\$12.00
Relays	\$8.00 per team	Parent Relay	\$40.00 per team
Novices	Free		

SCRATCHES and DECK ENTRIES: Must be submitted to the Clerk of the Course by **9:00 AM Saturday** and **8:00 AM Sunday**. No refunds for missed or scratched events. Once Heats have been established, no new heats will be created for late entries. **Athlete BCSSA # and birth date must be provided if you do not send a club roster with your entries.**

WARM-UPS: Saturday	8:30am	Group A	Sunday	7:45am	Group C
	8:50am	Group B		8:05am	Group B
	9:10am	Group C		8:25am	Group A

All clubs will be notified of their Group assignments via e-mail on Thursday July 12th, based on the number of swimmers registered.

Saturday Events	Sunday Events
25 Novice Free	25 Novice Back
25 Novice Fly	25 Novice Breast
100 IM / 200 IM	50m Fly
50 Free	50 Back / 100 Back
50 Fly / 100 Fly	50 Breast / 100 Breast
200 Medley Relay	100 FREE
Parent Relay	200 Free Relay

AWARDS

Individual Events - 1st through 12th place ribbons

Relay Events* - 1st through 3rd place ribbons

Novice Events - Participation ribbons* & treats

Please submit Novice swimmers list to Clerk of the Course by **9:00 AM Saturday and **8:00 AM Sunday**.*

HEAT SHEETS & RESULTS

1. Heat Sheets will be distributed to VI Region team registrars. A downloadable copy can be located on the Salt Spring Stingrays website: <http://saltspringstingrays.com>
2. Results will be posted as they become available.
3. Ribbons will be available for pick-up by Coach or Team representative at the information desk after 3:00pm on Sunday.
4. All Hy-Tek results will be sent by email and posted to the VI Region & BCSSA websites.

OTHER INFORMATION:

- Parking is available at Gulf Islands Secondary School, 262 Rainbow Road. Roadside parking is strongly discouraged! Please be courteous to our neighbours by keeping noise down.
- 50/50 draw
- Fabulous Silent Auction
- Club tents allowed on grass on two sides of pool.
- No camping or over night parking permitted at pool.
- Please keep your area clean, litter pick-up and recycling is your club's responsibility!
- Open Water Swim Meet T-shirts will be available for order.
- There will be a FIRE BAN and SEVERE WATER RESTRICTIONS in place in July.
- **CONCESSION SERVICES.** A variety of healthy and some gluten free & vegetarian options will be available, including: Roly Poly Rice Balls, Breakfast Bagel sandwiches, Organic Granola & Yogurt, Veggie Burgers, Beef burgers, beef and veggie hotdogs, & of course the ever famous *Fruitsicles!* Bring Cash \$\$
- Please help us reduce recycling by bringing your refillable water bottle (with your name on it). NO BOTTLED WATER WILL BE AVAILABLE at this event. **THINK GREEN**

CAMPING AND ACCOMMODATIONS:

We recognize there is a shortage of camping options on Salt Spring Island for our meet, and encourage you to arrange your accommodations now. We may have other options available for clubs who would like to camp together. Please contact our Accommodation Coordinator Loretta Rithaler with any questions: lrithaler@telus.net

Campgrounds:

Garden Faire Campground	250-537-4346	www.gardenfaire.ca
Ruckle Provincial Park		http://www.env.gov.bc.ca/bcparks/
Mowhinna Creek Campground	250-537-7861	http://www.mowhinnacreekcampground.com

Cottages:

Maple Ridge Lakeside Cottages	240-537-5977	www.mapleridgecottages.com
Green Acres Cottage Resort	250-537-2585	www.saltspringislandresort.com
Lakeside Gardens Resort	250-537-5773	http://lakesidegardensresort.com

Hotels:

Harbour House Hotel	888-799-5571	http://www.saltspringharbourhouse.com
Seabreeze Inne	250-537-4145	http://www.seabreezeinne.com
Salt Spring Inn	250-537-9339	http://saltspringinn.com

Other Helpful Contacts:

Salt Spring Tourism		www.saltspringtourism.com
BC Ferries		www.bcferrries.com